



# Newsletter

MARCH 2018

## FEATURED TEAM

### ATLANTA, GA

ABC Imaging in Atlanta, GA, opened its doors August 2008 in Midtown Atlanta, at 1430 West Peachtree Street on the first floor. We are neighbors to some of the best colleges known: Savana College of Art and Design, John Marshal Law School, Georgia Tech, and Georgia State University. With all the new construction going on around us, Midtown is becoming more populated with high-rises and housing than in the heart of Atlanta. To list some of the products our location can offer; we have an HP Latex 370 for your outdoor signs, and an HP Design jet 6100 for those indoor signs. We also offer custom 3-ring binders, custom tabs, case / perfect binding, along with plastic framing and everything else a print shop has to offer.

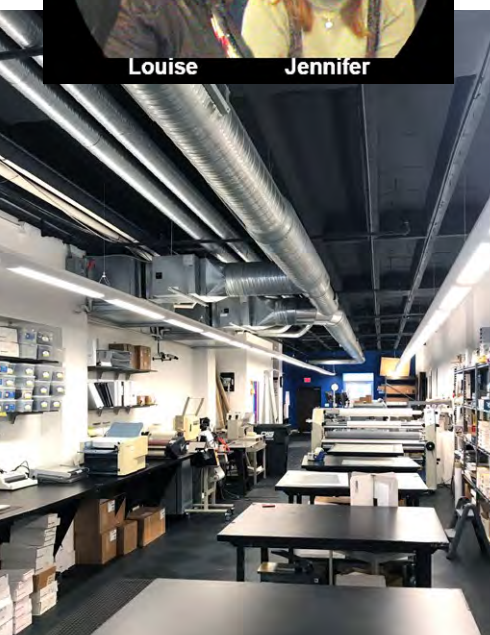
If there is one thing we've learned over the years, it's that no amount of technology can replace the human touch. That is why we have only the most qualified individuals to serve on our team.

Our shop may be small but we are all dedicated to the company and its customers and have been since the day we first opened our doors. One of the coworkers has been here almost to that day, **Ramzi Sherif**. He has been with ABC Imaging since September 2008, and his eye for quality makes the customers know they are getting the product they asked for. **Jennifer Grizzard** has returned to ABC Imaging to provide more knowledge and experience, after taking a year off to work for an AE company in 2016. She will be helping with promoting the sales within the store. **Sunny H. Chaney** started February 2013. He has been one of the customers' favorites for his unique styles and his positive attitude. He makes each customer feel important. **Louise Davie** started September 2012. She is the only Major Accounts Executive we have at this location, and she is a big asset to ABC Imaging. She has brought in some big customers and projects such as Mercedes Benz Stadium, Phillips Arena Remodel, SunTrust Braves Stadium, and Auto Traders marketing books, and projects abroad such as Building 9 desalination plants on the Red Sea coast in Saudi Arabia. **Farris Barber** is our Delivery Driver. He started in July 2017, and helps us deliver the orders in a timely manner. Although he is still new to printing, he is learning fast. **Claudell Wilson** started February 2013. He is the FM District Manager, and he takes care of the many FM locations in the southeast and the operations manager here in Atlanta. He is well

organized and always wanting to make sure our FM sites are running smoothly.

Our team of diversely skilled professionals continually push themselves to learn and evolve so that we may help you conquer each new challenge on the road to success. Every person on our staff is committed to providing the best possible customer service and the highest-quality products. This commitment is reflected in everything we do.

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# HIGHLIGHTS

Have any suggestions or people you'd like to see in the newsletter? Send your recommendations to [hr@abcimaging.com](mailto:hr@abcimaging.com)!

## HSAS & TAX TIME

Participants enrolled in one of our high deductible plans from United Health Care can elect to open a health savings account (HSA). It's a smart way to save for qualified medical expenses you'll have this year and in the future. That's because it offers several tax advantages:

- Your contributions are pre-tax or tax deductible.
- Earnings grow income tax-free.
- You can make tax-free withdrawals for qualified medical expenses.

In order to maximize your tax savings, consider the following tips, and be sure to consult your own legal, financial or tax advisor for advice.

### Know your tax forms

There are three IRS forms you should be familiar with if you have an HSA.

1. **Form 8889** is filed with IRS Form 1040 of your federal income tax return to report your total HSA contributions and distributions for the tax year. You can get this form by logging in to your account.
2. **Form 1099-SA** provides the total distributions that were made from your HSA during the year. If you had any distributions, Optum Bank® will send you this form in January. If you did not have any distributions, you will not receive this form.
3. **Form 5498-SA** reports the total contributions made to your HSA for the tax year covered by the form. Optum Bank will submit this form directly to the IRS, as required by law, and is typically available end of January. If you make additional contributions for the tax year, which is allowed up until the tax filing deadline, (typically April 15), you will receive a second form. These forms are also available online when you log in to your account at [optumbank.com](http://optumbank.com) or [myuhc.com](http://myuhc.com)®.

### State taxes

Contributions, account earnings/interest and distributions for qualified medical expenses are exempt from federal tax. While most states also exempt HSAs from taxes, it's important to know your state's rules. California, Alabama and New Jersey consider both contributions and account earnings/interest taxable. Tennessee and New Hampshire may require account holders to pay state tax on HSA earnings/interest. As these guidelines can change, it's important to consult your tax or financial advisor for more information.

### Qualified medical expenses

To take advantage of income tax-free spending/distributions, you must make sure your HSA funds are spent on qualified medical expenses. You can find a list of qualified expenses at [IRS.gov](http://IRS.gov) and also at [optumbank.com](http://optumbank.com). When you make purchases or pay bills with your HSA, be sure to keep your receipts in case of an IRS audit. You can easily upload images of your receipts online at [optumbank.com](http://optumbank.com) and organize them into folders.

Remember that any HSA funds used to pay for goods or services that are not qualified medical expenses are taxable income. And, if you are under age 65, they can be subject to an additional 20 percent tax penalty.

### Correcting withdrawal errors

If you mistakenly use your HSA for a non-qualified expense, you can return the funds to your HSA to avoid the penalty. Visit [optumbank.com](http://optumbank.com) or [myuhc.com](http://myuhc.com), log in to your account and download the Withdrawal Correction Form. Optum Bank must receive it by April 15 for any withdrawals made in error during the tax year.

## IRS FORMS SOUND CONFUSING?

### Here are the basics:

- **Form 1099-SA** shows the amount of money that you spent from your HSA during the tax year.
- **Form 5498-SA** shows the amount of money that was deposited into your HSA for the tax year.
- **Form 8889** is the form that you fill out and submit with your tax return.

### REMINDER:

You have until the tax filing deadline, **typically April 15th**, to maximize your contributions for the previous tax year.

Visit [optumbank.com](http://optumbank.com) to access your tax documents online and learn more.



# FACES OF ABC



## **ROBERT JIRIKDJIAN**, *Assistant Shop Manager - Silver Spring, MD*

Robert joined ABC Imaging in 2015 as a Digital Graphics Specialist and was promoted to Assistant Shop Manager this winter. Before coming to ABC Imaging, Robert was working in the food industry. He owned and managed a Mediterranean food market in Rockville, MD, and a restaurant in Gaithersburg, MD. What Robert enjoys most about his job is everything related to color corrections and Photoshop. He loves helping customers on a daily basis with their print needs. Seeing customers happy when the Silver Spring Shop completes a job perfectly and on time brings Robert the most satisfaction. In his spare time Robert is usually oil painting. It brings him stress relief and is his form of meditation. You can also find him watching soccer, his favorite sport. A fun fact about Robert is that traveling is his biggest passion. His love for travel and tourism inspired him to get a weekend job as a food tour guide in Washington, DC, where he gets a chance to show people around the Georgetown neighborhood and talk about the art, architecture and history, while tasting and sampling great food.



## **BOBBY TANG**, *Regional Manager - Northern, CA*

Bobby has been working in the sales industry for 35 years and was working at Graphic Production which ABC Imaging bought in 2009. When Bobby was living in Hong Kong he was the Sales Director of a country club, monitoring 200 people in selling memberships. He was also a Sales Manager at the largest shipping company in Hong Kong with 20,000 employees around the world. Bobby's favorite part about his job is making customers happy and helping them resolve problems. "When they smile, I smile," Bobby says. Keeping himself busy during his spare time is Bobby's goal, and he lives by the motto, "Work hard and play hard." He enjoys swimming, traveling and is an avid gardener.



## **EMILY PFAHL**, *Virtual Client Relations Manager - South East*

Before joining ABC Imaging, Emily was a Teaching Artist for the Arts and Science Council, and Bechtler Museum of Modern Art. She ran a screen printing and mixed media studio for high school students from the Charlotte, NC, area to attend after school. They participated in making many forms of art: t-shirts, quilts, paintings, limited edition prints, and many more. Emily has always been and will always be an artist. She received her MFA in Book Arts and Printmaking from The University of the Arts in Philadelphia. With this degree she has been able to meld her Graphic Design degree from NC State with traditional printmaking practices such as screen printing, letterpress, and etching. In Emily's spare time she works with local artists in Charlotte and runs a gallery and event space on the weekends. She also always has multiple art projects in the works at any given time. Emily's favorite part of being a Virtual Client Relations Specialist is interacting with the clients, making people smile and becoming a friendly familiar face. A fun fact about Emily is that she is a self-described Goodwill fashionista. She has found many amazing treasures and enjoys the thrill of finding crazy good deals on awesome outfits.

## FEATURED JOB OPENINGS AT ABC IMAGING!

We are currently looking for highly skilled team members in the following fields:

- **Installer** - Alexandria, VA
- **Leasing Admin** - Alexandria, VA
- **Virtual Client Relations Specialist** - Seattle, WA
- **Client Relations Specialist** - Los Angeles, CA

Remember, if you refer a friend you can receive a bonus for your efforts. Once your referral reaches 6 months tenure at ABC Imaging you can receive a bonus of \$200 or \$400 depending on the position!

Check out the full listing at: [hrportal.abcimaging.com](http://hrportal.abcimaging.com). When referring a candidate, please be sure they put your name on their application. Also, be sure to send a note to [careers@abcimaging.com](mailto:careers@abcimaging.com) to let our recruiting team know to keep an eye out for your referral.





# ANNIVERSARIES / BIRTHDAYS



## Anniversaries

Sulaiman Sannoh	29	Dennis R. Ketwaru	3
Elhadji Sy	24	Hector Morales	2
Raul Sanchez	24	Kevin A. Newland	2
Teresa Rylance	18	Thomas Rajan Rajan Thomas	2
Carlos Henriquez	16	Sunny Chaney	2
Samir Hakim	15	Reinaldo Campos	2
Gerard Quesada	14	Maria Hazel Ardanas	2
Ayman Habib	13	Alan L. Kohutek	2
Shawn Skinner	12	Rufino De Jesus	1
James Woodson	12	Jose F. Sierra	1
Hung Ho	11	Rizwan Ali Mohammad Ikram	1
Kathryn Debiase	10	Anoop Manoharanpillai Sudha	1
Normand Phaneuf	9	Althea A. Bailey Williams	1
Michael Weisend	8	Ravindran Manikandan	1
Terry Chamberlin	7	Michael J. Harvey	1
Yang-Joong Kim	7	Mohd Bilal Qadri	1
Barbara Hoey	6	Abdunnajeeb Madathil	1
Damian Owen	6	Ashton T. Massey	1
Anne T. Dinh	5	Kendyl E Salter	1
Amy Wu	5	Lamont U. Siejack	1
Krzysztof T. Walega	5	Lorene C. Wescott	1
Michael T. LaRaia	5	Mohammad Asif Khan	1
Steven Baerga	5	Mon'drea S. Franklin	1
Sherwin Gabasa	4	Calvin Banks	1
John S. Wolkonocki	4	Desmond J. Brown	1
Tracy Sanchez	4	Misung Kim	1
Ahmed Conteh	3	Mohammad Tajudinkhan Abdul	1
Walfrido Milian	3	Govinda Narayana Naik	1



## Birthdays

Jesus Casamayor	3/1	Christian Nurinda	3/19
Phong Tran	3/1	Yong Kim	3/20
Jonathan Dela Cruz	3/2	Ian Glassgow	3/20
Leninraj Kannancheri	3/3	Robert Dickinson	3/20
Terefe Woldekidan	3/3	Adel Elebaid	3/21
Carlos Melendez	3/4	Adrian Ardito Gutierrez	3/21
John Schneider	3/4	Edgar Garcia	3/21
Sheik Asad	3/7	Matthew Revezzo	3/21
Edward Zoukh	3/8	Mohammad Saim Abu Harera	3/21
Jean Atse	3/9	Snijil Vallinakunnel Sabu	3/21
Kendyl Salter	3/9	Abidin Ertan Zanagar	3/22
Nicholas Gunn	3/9	Antonio Medina	3/22
Jason Comentale	3/10	Homa Falsafi	3/23
Satheesh Venkilatt	3/10	Jake Schneider	3/23
Garrett Crawford	3/12	Sayna Roostan	3/23
Sean Gough	3/14	Haris Koyakkott	3/24
Akkarakkaran Rappai Denny		Francisco Montalvo	3/25
Akkarakkaran Rappai	3/15	Donald Long	3/26
Victor Velasco	3/16	Althea Bailey Williams	3/27
Cesar Honores	3/16	David Gudejko	3/27
Emanuel Challenger	3/16	Ravindra Naik	3/29
Meeta Khatri	3/16	Ahmed Conteh	3/30
Rany Ghbros	3/16	Mark Singh	3/31
Fofe Rehbein	3/17	Domonique Cherry	3/31
Muhammad Awais	3/18	Edwin Rabajante	3/31
Sergey Tsytsylin	3/18	Justin Crum	3/31

## WELLNESS CORNER

### 5 WAYS TO EAT HEALTHY FOR LESS

Healthy eating doesn't have to be a pricey proposition. By planning ahead and buying smart, it's possible to get more nutritional bang for your buck.

Here are five smart strategies to help you do just that:

- 1. Make a money-saving menu:** Check store fliers or websites to find out which healthy foods are on sale – and draw up a menu that features them. Once your menu is set, write a shopping list – and stick with it.
- 2. Shop in season:** Not only are produce picks such as berries and tomatoes less expensive when they're in season – they may also be more delicious.

Another option? Take advantage of staples that tend to be inexpensive year-round, such as carrots, bananas, sweet potatoes and cabbage. Frozen and canned fruits and veggies can also be penny-wise picks. Look for those packaged without added sodium, fat and sugar.

- 3. Buy in bulk:** You may find great deals on beans, whole grains, unsalted nuts and seeds in your market's bulk section.

In the meat section, look for family packs of fish and skinless chicken. Then freeze what you don't need right away. Wrap it well – and label it for future reference.

- 4. Be a now-and-then vegetarian:** Going meatless even once a week can be budget-friendly. Make chili with black beans instead of your usual beef. You could even do breakfast for dinner. Veggie omelets, anyone?
- 5. Ward off waste:** Pay attention to "sell by" or "best used by" dates so you know how long your food will stay fresh. Use highly perishable items first – and save the longer-lasting items for later in the week.

And if you have leftovers? Turn them into creative combos. Tuck extra roasted chicken into a sandwich for tomorrow's lunch. Or fold leftover steamed veggies into a frittata or casserole.

Visit [www.uhc.com](http://www.uhc.com) for more details.

