

2 HIGHLIGHTS

- **3** FACES OF ABC
- 4 ANNIVERSARIES/ BIRTHDAYS
- 4 WELLNESS CORNER

NEW YEAR'S MESSAGE FROM CEO, MEDI FALSAFI

To the entire ABC, Peeq, Nicholas Development, Syrus Construction and JKB family

Happy New Year. As we welcome a brand new year, I would like to take this opportunity to reflect on the past year and to share our plans for the coming year. 2017 was a busy year!

Some highlights include:

- We were named among the 20 Most Promising Managed Print Solution Providers by CIO Review Magazine
- We were named one of the Best Companies of the Year by Industry Era Magazine
- We were named Best Reprographics Company in the UAE by Middle East Markets Magazine
- We Launched ABC PrintRoom to open up the B2C market selling through eCommerce
- We Launched our Design Services Group to support clients in Marketing and Branding
- We Launched Every Door Direct Mail with the USPS for Bulk Mail
- We moved or renovated several shops including the new Peeq location in Carlsdadt, the Seattle Shop, the Dallas shop.
- Our Nicholas and Syrus divisions completed several impressive development projects
- We worked together to leverage our nationwide capabilities in fulfilling a major Combined Federal Campaign project

Looking forward to 2018, we have exciting plans with ecommerce, franchising opportunities and further improvements in efficiency and profitability in today's competitive environment. We are poised for greatness in 2018 as we push for more growth and continued success and I welcome all of your ideas to contribute to that effort.

I would like to thank each and every one of you for your hard work and passion as we continue to strive for perfection!

I wish you and your families a happy and prosperous new year in good health!

Happy Holidays!

Medi Falsafi President/CEO







Have any suggestions or people you'd like to see in the newsletter? Send your recommendations to hr@abcimaging.com!

The New Year is a great time to overhaul your life for the better, and one excellent place to start is by making solid financial resolutions that can help get you closer to your retirement goals. All approach retirement, some sooner than others. To enjoy your retirement years and not be a burden on family members, it is essential that you save sufficient assets to carry you through your retirement. No one knows precisely the amount of assets you will need for a comfortable retirement, but the more you save now, the more comfortable you are likely to be at retirement.

Here are the essentials to know about your retirement plan:

What is it?

Your employer's retirement savings plan is a defined contribution plan designed to help you finance your retirement. As a participant in the plan, you own an individual account within the plan that you contribute money to for your retirement.

What are the limits?

For the year 2018, you can contribute a total of \$18,500 towards your retirement plan. Individuals age 50 and over can contribute an additional \$6,000.

Salary deferral advantages.

Participating in your company's retirement savings plan allows you the benefit of saving via payroll deduction on a tax deferred basis. Every dollar you save goes directly into your retirement savings account. Tax deferral on both savings and asset growth via payroll deduction helps you save more money and pay less tax upon distribution at retirement.

Tax deferred growth.

Not being taxed on the growth of your assets helps accumulation during your working years. With your qualified retirement savings plan you not only defer taxes on the amount you save, but earnings on your savings is also tax deferred until distribution.

Portability.

If you change employers at some point in your career, you typically can keep your assets in the current plan, roll your assets over to your new employer's plan or roll your assets into an IRA.







Bailey is a Washington D.C. native and moved back to the metropolitan area after college in New Orleans, LA. Her previous job was an account manager for an e-commerce agency catering to the apparel, footwear and accessories markets. Applying her creativity to the ever-changing landscape of marketing is one of Bailey's favorite parts about her job. "I love getting to work with the other creative minds in my department who help push me further in my own position and to keep learning, discovering, and improving." Said Bailey. When not working, Bailey enjoys traveling, whether it's a short weekend trip away or a grand adventure. Her time in New Orleans helped foster her passion for experiencing new cultures and places with rich histories. A fun fact about Bailey is that she was born the day after Christmas. While most people think this would an awful birthday, Bailey actually loves it. She gets to spend every birthday with her family and the people she loves most.

GINA ANTHONY, Major Account Sales Representative - Regional North California

Gina has been working in the printing industry for 34 years. She worked for several printing companies before joining ABC Imaging in 2010. Her background in production, CAD plotting, color department, large and small format; makes her amazingly well balanced in the printing industry. Interacting with clients and making sure everyone is happy with the services ABC Imaging provides is Gina's favorite part about her job. In her spare time Gina can be found hanging out at the beach with her husband, son and three dogs (Chiahuahua, Shihtzu, and a Catahoola Leopard). When not at the beach Gina enjoys relaxing with the family and taking the dogs on outings.

ZANDER MAVERICK, Digital Production Specialist - San Francisco, CA

Before coming to ABC Imaging, Zander worked for Kinko's for 22 years. He started as a part-time temp employee and worked his way up to a Senior Center Manager, a role covering multiple centers. Zander's favorite part about his job are the customers and team members. Having fun and being productive go hand in hand for Zander and he finds that having music and laughter makes the days go by smoother and people will want to come back (customer or the employee). In his spare time you can find Zander reading a sci-fi or fantasy novel. His favorite author is Steven King, but prefers his older books (Fire Starter, Eyes of the Dragon and the Gunslinger series being his favorites). A fun fact about Zander is he is technically a giant at 6'8" tall. People that are over 6'5" are considered giants.

FEATURED JOB OPENINGS AT ABC IMAGING!

Refer a friend and put some cash in your pocket! When your referral reaches 6 months tenure at ABC Imaging you can receive up to \$200!

We are currently looking for highly skilled employees in the following fields:

- Inside Sales Representative Headquarters, VA
- Client Relations Manager Los Angeles, VA
- Systems Administrator Carlstadt, NJ
- Digital Production Specialist Seattle, WA

Check out the full listing at: **hrportal.abcimaging.com**. When referring a candidate, please be sure they put your name on their application. Send a note to **careers@abcimaging.com** to let our recruiting team know to look for your referral.

ANNIVERSARIES / BIRTHDAYS



Anniversaries

Bret Foster	26	Xavier J. Seymour	3
Terefe Woldekidan	24	Meeta Khatri	3
Edward Zoukh	22	Donald Rudick	3
Anne T. Dinh	18	Gregory R. Ball	3
Dennis Javelosa	16	lan M. Ďevine	3
Andrew R. Chernoff	14	Joseph A. Salazar	3
Mohmmed Mohmmed		Richard M. Gutierrez	3
Ahmmed	14	Shannon D. McCuistion	3
Jonathan Dela Cruz	12	Antonio Medina	3
Roger George	12	Fabian Javier	3
Kathryn Debiase	12	Lawrence A. Gottenberg	
Shea Julian	12	Ivan J. Badia	3
Thwill Dann	10	Alena P. Kazhala	2
Armando De Varona	9	Keith S. Dalton	2
Mohammad Chughtai	8	Ruthven W. Walker	2
Sheik Asad	8	Christian Umalla	2
Gina Diane Anthony	8	Walter Krupczynski	2
Delila Sayed	6	Duncan Ebanks	2
Brian J. Barlow	5	Akash Rasanjana De Silva	
Frank R Turoski	5 5 5 5 5 5	Paskuwal Handi	2
Heather Flores	5	Lamar O. Hilliard	2
Michael D Nunes	5	Charles H. Volkman	1
Leeanne E Smith	5	Brian A. Waage	1
Anton Mikhaylov	5	Rajesh Sakharam Shirkar	1
Darin Gaba	4	Ecxon Garcia	1
Tung Pham	4	Bryan K. Rountree	1
Andrew Rivera	3		
	1//		
1111	M/M		
	The same	The state of the s	



Birthdays

Habibollah Khozin	1/1	Carlos Padron	1/16
Jimmy Pring	1/1	Carlos Valdes	1/16
Michel Maneja	1/1	Michael Barclay	1/17
Syed Hussain	1/1	Daniel McNeill	1/17
Mohamed E. Nour	1/1	Ian Roberts	1/17
Yassir Elamin	1/1	Ismael Hernandez	1/17
Yasier Elsayed	1/1	Lyndonna Munro	1/18
Noor Muhammad Shah	1/1	King Jin	1/18
Wagas Igbal	1/1	Thomas Rajan Rajan Thomas	1/18
Ashton Massey	1/1	Jonathan Mason	1/19
Caleb S. Mayo	1/2	Warren Mills	1/20
Yashira Cividanes	1/2	Mouna Nejjam	1/20
Zhara Pauline Ortua	1/2	Carl Haas "	1/20
Ahmad Atayee	1/3	David Rosa	1/20
Michael Torbeck	1/4	Fahima Mustamandi	1/21
Mohamed Safeer Valiya Peediyekkal	1/4	Wahib Abdullahi	1/21
James Courchene	1/6	Jorge Rivera-Ceren	1/21
Vaughn Betancourt	1/6	Brian Evans	1/21
Hernani Sorto Herrera	1/6	Hardeep Bhogal	1/23
Paul O'Malley	1/7	Indhira Remo	1/23
Eugene King	1/7	Anthony Gocel	1/24
Geoffrey Laning	1/7	Amon Mustamandi	1/26
Mohammed Mukhtar Shaikh	1/7	Ahsan Kanwar	1/26
Robert Barber	1/7	Michael Banas	1/27
Tesfaye Asfaw	1/8	Katrina Bell	1/27
Ambriorix Canela	1/9	Ronaldo Marin	1/27
Bernard McCrae	1/10	William Krueger	1/28
Elhadji Sy	1/12	Asaad Mizher	1/29
Vanessa Lennon	1/12	Cristian Posada	1/29
Duncan Ebanks	1/13	Krzysztof Walega	1/30
Christopher Myers	1/13	Cynthia Torres	1/30
Laura Martin	1/13	Cortney Dozier	1/30
John Strelic	1/14	Terry Chamberlin	1/31
Normand Phaneuf	1/14	Jeremy Avenarius	1/31
James Wharton	1/15	Muhammadu Imran Muhammadu	
Satheeshkumar Chaliparambil Kumaran	1/15	Sameer	1/31
Muhammad Abdul Wajid	1/15	Nimisha Rathna Kumar	1/31
Tay Atatsi	1/16		

8 WAYS TO FIGHT COLDS AND FLU

Cough, sniffle, achoo! Cold and flu germs have some crafty ways of getting around. Often these viral villains take to the air. They spread by airborne droplets when someone coughs, sneezes or even talks. They can also land on surfaces – and hitch a ride when you touch them with your hands.

- Hit the sink: Be sure to wash your hands regularly to remove any germs. A good, thorough scrubbing is key. That means for at least 20 seconds with soap and warm water.
- 2. **Have sanitizer at the ready:** Soap and water aren't always available. So keep hand sanitizer in your car, your bag or tote, and your workspace too. Look for products that contain at least 60 percent alcohol.
- 3. **Be hands-off!** Try to limit how much you touch your face. Germs can enter your body through your eyes, nose or mouth.

- 4. **Cover that cough:** Make it a habit to cough or sneeze into a tissue or the crook of your elbow. Teach kids this trick too.
- Keep your distance: As much as possible, try to avoid close contact with anyone who's ill. If you do get sick, stay home until you're better.
- Wipe 'em out: Regularly clean surfaces you touch often such as keyboards, phones, remote controls, door handles and countertops. Use soapy water and a household disinfectant.
- 7. **Share not:** Remind your family not to share items such as cups, silverware or toothbrushes.
- 8. **Build a strong defense:** When you take care of yourself, you help your body fight off illness. So be sure to get plenty of sleep. Choose healthy foods and get regular exercise.*